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## FUSION CELEBRATES INTERNATIONAL WELLNESS IN JUNE WITH EXCLUSIVE WELLNESS ACTIVITIES

**HO CHI MINH CITY, Vietnam** (June 1, 2023) — Wellness-inspired hotel brand Fusion has introduced a range of exclusive activities to celebrate international wellness in June, with energizing new yoga sessions, restorative meditation practices, relaxing spa treatments, nutritional dining, special packages and more.

June is one of the most popular months of the year for people around the world to recommit to a healthy body and mind, with Global Wellness Day observed on June 10, International Yoga Day on June 21 and World Bathing Day on June 22. Fusion marks each in unique and meaningful ways.

**Alba Wellness Valley by Fusion** will kick off Global Wellness Day on June 10 with a special “dance of happiness” that seeks to promote positivity and bring people across the planet together to move “with your body... your thoughts... and your life.” The day continues with a suite of family-friendly outdoor activities on the resort’s zipline and high-wire adventure course, along with trail biking and walking, water sports, a special wellness workshop, and a sustainable lunch.

Later in June, [Alba Wellness Valley by Fusion](#) will mark International Yoga Day on June 21 with exclusive yoga sessions and World Bathing Day on June 22 with a signature water meditation accompanied by a live “singing bowl” performance, a revitalizing soak in the on-site hot springs, and more.

At the idyllic beachside haven of **Maia Resort Quy Nhon**, guests can join a special two-day program over Global Wellness Day and International Yoga Day that features thoughtfully curated 60-minute yoga and meditation classes suitable for all levels. Instructors will guide participants through a series of exercises and techniques to help connect body and mind.

As part of the program, [the resort’s](#) Věla Spa provides ecologically focused treatments using local herbs and botanicals tailored to individual needs. Highlights include infrared sauna therapy and healing massage therapies, and spa bath experiences that offer a choice of a flower bath or coconut milk bath. Vi Restaurant will also serve a range of healthy beverages designed to nourish one’s body from the inside out.

At **Fusion Suites Vung Tau**, the Maia Spa team will host a special Tai Chi session and beach clean-up in Bai Truoc Park from 6:30am - 8:45am on 4<sup>th</sup> June to mark World Ocean Day and Global Wellness Day. Tai Chi is a healthy workout that promotes mental equilibrium and relaxation of the body and soul. The session will be offered in addition to the hotel’s perennially popular wellness activities such as standup paddleboarding (SUP boarding), mountain biking, spa treatments and more. For International Yoga Day, [Fusion Suites Vung Tau](#) will host an exclusive morning yoga class at its rooftop pool from 8am-9am on June 21.







Other Fusion properties including **Fusion Resort Cam Ranh** and **Fusion Suites Saigon** will also celebrate international wellness days in June with exclusive spa

treatments, healthy culinary offerings, complimentary yoga and more. [Fusion Resort Cam Ranh's](#) Fusion Lab lets guests create their own skin-rejuvenating organic face mask using fresh turmeric powder, honey, and Multani Miti mud.

For more information or to make a booking, visit [www.fusionhotelgroup.com](http://www.fusionhotelgroup.com)

## ABOUT FUSION

Fusion is a leader of wellness-inspired hospitality brands in Vietnam, managing 22 properties in Vietnam and Thailand with regional expansion plans.

	<p><b>A WELLNESS GETAWAY:</b> Showcasing some of Vietnam's most idyllic beaches, <b>Fusion Resort</b> is the epitome of a relaxing beach getaway. Sophisticated accommodations with all-spa inclusive therapies, and <i>breakfast anywhere, anytime</i>, served by a team of Fusionistas</p>
	<p><b>REJUVENATE YOUR MIND AND SOUL:</b> Creating the next level in rejuvenation escapes, <b>Fusion Retreats</b> specialises in providing sanctuaries to support both the mind and soul. With a deeper focus on wellness and wellbeing, guests experience recovery and indulgent programmes that include meditation and medical treatments to support their specific needs. Whether it be stress-recovery to detoxification. All treatments are tailor-made to ensure revitalisation and revival.</p>
	<p><b>A PLACE FOR THE DARING:</b> No two are alike! Each select property represents the brand with its own individual design and services - original thinking leading to original experiences. <b>Fusion Original</b> are unique and have bold styles for the discerning traveler. Set in prime locations in Vietnam's city centres, guests enjoy creative and unexpected spaces along with Fusion's signature high-quality services.</p>
	<p><b>BRANDED RESIDENCES by fusion:</b> <b>Fusion Homes'</b> branded residences elevate developments to an exclusive offering, infusing character &amp; uniqueness through iconic designs and special character.</p>
	<p><b>URBAN RETREAT:</b> <b>Fusion Suites</b> combines urban locations with a resort experience in the city. With spa or reflexology treatments, <i>breakfast anywhere, anytime</i> options and Fusionistas bespoke service, Fusion Suites provides guests a real retreat from the city.</p>
	<p><b>A CULINARY ADVENTURE:</b> A focus on culinary experience in special destinations. <b>Maia</b> Resorts offer getaways, filled with exceptional culinary journeys along with bespoke spa treatments. Whilst surrounded by coastal landscapes, guests are exposed to</p>

	regional and thoughtfully crafted cuisine with local touches and the freshest ingredients.
by fusion	<b>A TOUCH OF THE INDIVIDUAL:</b> Located in idyllic destinations in Fusion's collection, comes original resort and urban experiences with their own feel to fit their surroundings, Hotels by fusion offer truly one-of-a-kind experiences with accommodation and facilities under the management of Fusion Hotel Group.
 HIIVE	<b>BUSINESS WITH HOME COMFORTS:</b> Designed with the business traveller in mind, <b>HIIVE</b> provides comfortable accommodation for both long and short-term business travellers. Situated around industrial and logistics hubs, each hotel is created for commercial guests to be productive while also enjoying well-deserved home touches.
GLOW	<b>COMFORTABLE MIDSACLE IN PRIME LOCALES: GLOW Hotels &amp; Resorts</b> is for travellers seeking comfortable and affordable accommodation. Enjoy a simple brand with core services at an attractive price point – without compromising on service or standards. Unique properties in exciting urban locations or exclusive seaside destinations. Don't just live, GLOW!